

Planning for emergencies when you have medical or special health care needs

You will need the phone numbers and contact person for all of the following medical providers:

1. Pharmacies
2. Medical supply companies
3. Treatment centers
4. Treating physicians

It is very important to know each provider's plan for providing care to their patients during an emergency.

1

PHARMACIES

How soon can you get a refill before a storm or evacuation?

2

MEDICAL SUPPLY

How soon will they provide you with supplies before a storm or evacuation? Will they be shipped or delivered?

3

TREATMENT CENTERS

Where are the alternative sites for treatment if your center is not available or you have evacuated?

If you use medical equipment:

How will you power the equipment in a vehicle during a possible evacuation?

Make sure you know how your machine is powered. Internal or external battery? What is its life span?

If it uses batteries, do you have enough?

Do you have your cords labeled so you know what equipment it goes to?

Do you have extra replacement parts/supplies for your equipment?

Do you have the contact information for the medical supply company who provides your equipment?

Other things to consider:

- How do your meds need to be stored? Room temp or cold?
 - Cooler, ice packs, ziplock bags
- Do you have cleaning supplies to maintain your health?
 - Vinegar, Clorox wipes, paper towels, hand sanitizer
- Does your equipment need distilled water?
- Can you tolerate changing temperatures?
 - Fan, cooling mats, blankets, layered clothes, heating pad