

FACT SHEET

State Personal Assistance Services (SPAS)



Overview

What is this program?

The State Personal Assistance Services program provides personal assistance services to adults with significant disabilities. This program provides these services so that the individuals can continue to live in the community and avoid institutional care.

What is the definition of Significant Disability?

An individual with a significant disability is an individual with a loss of sensory or motor functions interfering with activities of daily living to the extent that the person requires assistance with non-medical personal needs, such as bathing, transferring in and out of bed, dressing, meal preparation, feeding, and other similar activities.

How is it funded?

The SPAS program is grant funded through the Office of Adult and Aging Services (OAAS) through Louisiana Department of Health (LDH).

Services Offered

Services are provided to individuals to enhance or maintain the individual's community living and employability.

Common services utilized in this program are:

- Personal Care Assistance
- Home Modifications
- Vehicle Modifications
- Rental Assistance
- Medical Supplies and Equipment
- Physical Therapy

These services help individuals remain employed and living in their community where they are contributing tax paying citizens of Louisiana.

For More Information

Please contact The Arc of Louisiana at:

Phone: 225-383-1033

Email: spas@thearcla.org

Eligibility Requirements

In order for an individual to be determined eligible for services, an individual must meet the following criteria:

- Is an individual with significant disabilities;
- Is age 18 or older;
- Needs goods and/or personal assistance services from this program to prevent or remove the individual from inappropriate placement in an institutional setting or enhance or maintain individual's employability;
- Provides verification of the disability from the treating physician;
- Is capable or has legal/personal representative capable of self-direction. Although the participant is capable of self-directing they may chose a qualified provider agency for services; and
 - *Self-Directed – the participant or legal/personal representative will direct, supervise, hire and discharge his/her personal attendant and be able to self-direct all goods/services needed.*
- Provides verification of income to show unique economic and social needs.

How to Apply

1. You can visit our website at: thearcla.org

Go to programs → State Personal Assistance Services → The links for the 1) application, 2) income determination and 3) Statement of Medical Status are there. **Complete these forms and return to us via:**

-Mail: 600 Colonial Dr. Baton Rouge, LA 70806,

-Fax: 225-383-1092 or,

-Email: spas@thearcla.org

2. Call us at the office (225-383-1033) and request us to mail you an application.